using a remotely located data collection device, prompting a remotely located user to place a plurality of electrodes connected to said data collection device in predetermined locations on the patient's body;

causing said data collection device to read electrical data from the patient's body using said electrodes,

transmitting said electrical data to a central location; and
evaluating said electrical data at said central location to make a determination as to
the health of the patient.

- 2. The method of claim 1 wherein said electrical data corresponds to ECG data.
- 3. The method of claim 1 wherein said plurality of electrodes comprises three electrodes.
- 4. The method of claim 1 wherein said data collection device is a hand-held device and said plurality of electrodes are in predetermined locations on the surface of said hand-held device.
  - 5. The method of claim 1 further comprising the step of transmitting evaluation data from said central location to said data collection device to provide feedback to the patient.
  - 6. The method of claim 1 wherein said data collection device comprises a display to display information to the patient.

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7. The method of claim 1 further comprising the steps of:

receiving, at said data collection device, data obtained from a measuring device, and

transmitting said received data to the central location.



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- 8. (One Time Amended) The method according to claim 7 wherein the measuring device is a blood pressure measurement device.
  - 9. (New) The method according to claim 1 wherein the patient is the user.
- 10. (New) A system for remotely monitoring the health of a patient, said system comprising:
- a central location; and
  - a remotely located data collection device, the data collection device comprising:
  - a receiver to receive instructions from the central location, the instructions directing placement of a plurality of electrodes connected to the data collection device in predetermined locations on the patient's body;
  - a circuit to read electrical data from the patient's body using the electrodes;
  - a transmitter to transmit said electrical data to the central location, wherein the electrical data is evaluated at the central location to make a determination as to the health of the patient.
- 20 11. (New) The system of claim 10 wherein the electrical data corresponds to ECG data.

- 12. (New) The system of claim 10 wherein the plurality of electrodes comprises three electrodes.
- 13. (New) The system of claim 10 wherein the data collection device is a handheld device and the plurality of electrodes are in predetermined locations on the surface of the hand-held device.
- 14. (New) The system of claim 10 wherein the data collection device further comprises a receiver to receive evaluation data from the central location to provide feedback to the patient.
- 15. (New) The system of claim 10 wherein the data collection device further comprises a display to display information to the patient.
  - 16. (New) The system of claim 10 wherein the data collection device further comprises:

a receiver for receiving measured data obtained from a measuring device; and a transmitter for transmitting the received measured data to the central location.

15 17. (New) The system of claim 16 wherein the measuring device is a blood pressure measurement device.

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